

THE PEDDARS WAY AND NORFOLK COAST PATH

Stephen Browning and Daniel Tink

This is a walks book with a difference. The authors have made it their mission to produce a guide that is both useful and entertaining – a book the reader can refer to before starting out to decide which part of the trail to follow, something to take with them on a longer walk, or to sit back with on their return to remind them of all they have seen.

The Peddars Way and Norfolk Coast Path National Trail combine to make up one of the country's most popular long distance paths. The fantastic scenery on offer and gentle terrain makes the trail particularly suitable for people with special access needs. The Peddars Way runs from Knettishall Heath Country Park in Suffolk following the route of a Roman road to Holme-next-the-Sea on the North Norfolk coast. Here it meets the Norfolk Coast Path as it runs from Hunstanton to Cromer. The two trails together cover approximately 93 miles (150km).

Many walkers may want to tackle the trail taking one section after the other without any detours. However, the authors discovered so many wonderful sites and detours adjacent to the main route that they have included their pick of these in a series of text boxes entitled 'JUST OFF THE PATH'. Throughout, Daniel Tink's superb photographs provide a wonderful reminder of all the best sights to be experienced en route.

It is said that a super-fit walker can finish both sections of the trail – the Peddars Way and the Norfolk Coast Path – in little over three days. The authors' hope is to seduce the walker into a more leisurely exploration resulting in a more memorable experience.

ABOUT THE AUTHORS

Stephen Browning was educated in Norfolk before gaining an honours degree in History from the University of Kent at Canterbury. After training as a teacher at the University of Birmingham School of Education, he spent much of his working life promoting teacher exchanges between the United Kingdom and the overseas Commonwealth. He also worked for the Council for Education in the Commonwealth. He has written extensively about best practice in education both in the UK and the 50-plus countries of the Commonwealth. He has written, or contributed to, a number of books about the English Language, mainly for the Asian market. He spends several months each year in Taiwan.

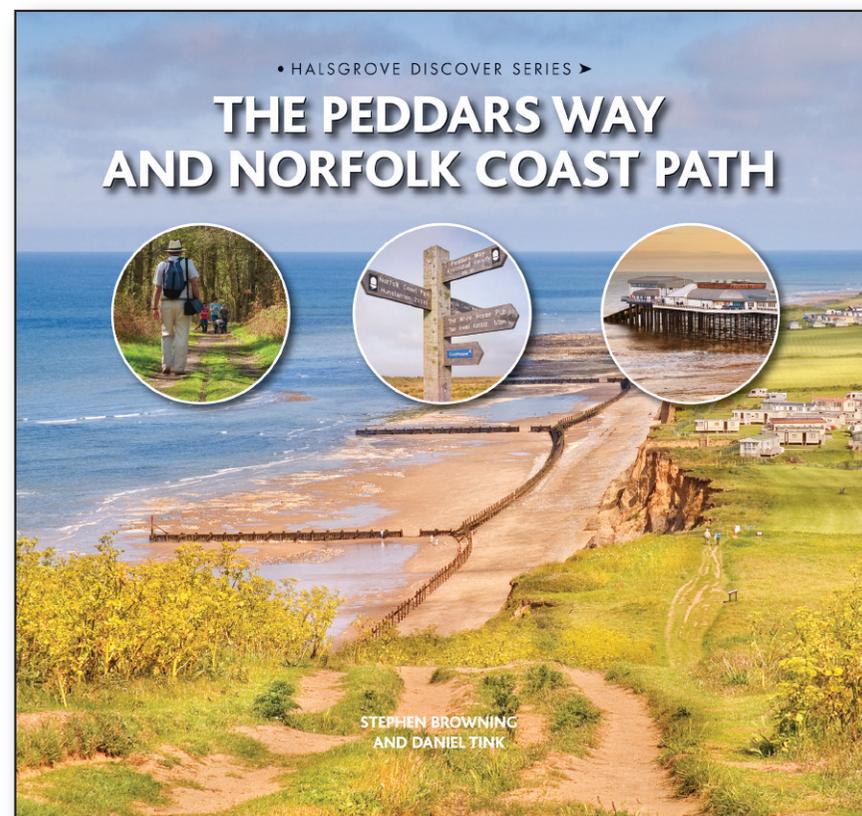
Daniel Tink was born and still lives in Norwich, a city he knows well and continues to enjoy exploring. A graphic designer by profession, photography has given him a unique and detailed view of life through a lens. Daniel has previously provided photographs for the books *Norfolk* in the Halsgrove Discover Series, *Norfolk* in the same series, *Spirit of Norwich Cathedral* and *The World of Charles Dickens*, all written by Stephen Browning. Daniel is the author of *Spirit of Norwich* in the Halsgrove PiXZ series.

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THE PEDDARS WAY AND NORFOLK COAST PATH



Marvellous views to Sheringham from Beeston Bump.



Cley village centre.



The mound – motte – of Thetford Castle was reputedly made by the Devil as he scraped off his boot having just created the Fen-dyke at Weeting.



Dusk gathers on the village of Burnham Overy Staithe.

Example of a double-page spread.

Chapter 1
KNETTISHALL HEATH
TO LITTLE CRESSINGHAM
Distance: about 14.5 miles

"Often times within the circle of your sight there is neither house nor man visible. A grey church tower, a windmill, or the dark tower out of a winery in the distance breaks the sense of utter loneliness, but the scene is wild enough to enchain the imagination of many."
George Christopher Clark (1984)

Section shapshot: This is mostly gentle walking territory, suitable for all ages. It is rich in wildlife and you will find the first two Scapline sculptures (shown below) in this stretch. There are, however, a few very busy roads to cross. Best to take a drink and sun cream as it can become very hot. Your mobile phone probably will not work on much of the route.

The land is flat and easy on the ankle in the first section. Eat or fag!



Mists roll over Thornham marshes.